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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 AM	ZUMBA (CINDY)	STRENGTH (LIZ)	STEP (LIZ)	ZUMBA (LIZ)	YOGA (BAILEY)	
9:00 AM	FLOOR, CORE, & MORE (ELLA)	STEP & SCULPT  (ELLA)	CARDIO TIME  (ELLA)	BOOT CAMP  (ELLA)	INTERVAL TRAINING  (ELLA)	YOGA  (JESSICA)
10:15 AM		SILVER WORKZ (ANNE)		SILVER WORKZ (ANNE)		
12:05 PM	SCULPT (ANGIE)	YOGA (LINDA)	YOGA (JESSICA)	YOGA (LINDA)	SCULPT (ANGIE)	
5:45 PM	ZUMBA (ANGIE)					

*MEMBERS MUST BE PRESENT TO HOLD AN AEROBICS CLASS*

**5:30pm Orange's Cross Training Class Monday-Thursday**