

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>9:00 AM</b>	FLOOR, CORE, & MORE  (ELLA)	STEP & SCULPT  (ELLA)	STRENGTH  (ELLA)	BOOT CAMP  (ELLA)	
<b>10:15 AM</b>	SENIOR STRETCH & FLEX  (ANNE)	SILVER WORKZ  (ANNE)		SILVER WORKZ  (ANNE)	
<b>12:05 PM</b>	TOTAL BODY WORKOUT  (ANGIE)	TOTAL BODY WORKOUT  (ANGIE)		TOTAL BODY WORKOUT  (ANGIE)	TOTAL BODY WORKOUT  (ANGIE)
<b>5:30 PM</b>	TOTAL BODY WORKOUT  (ANGIE)	TOTAL BODY WORKOUT  (ANGIE)		TOTAL BODY WORKOUT  (ANGIE)	

*\*5 MEMBERS MUST BE PRESENT TO HOLD AN AEROBICS CLASS*